

PROGRAMS AND SERVICES

Operating Information

Forest Park Beach is open year round for everyone to enjoy. Lifeguards will be on duty beginning June 8, 2013. The official "beach season" will begin then and will continue until Monday, September 2, 2013. Lifeguards are on duty daily from 10 AM-7 PM.

Beach Guards are on duty beginning May 25, 2013. Beachguard hours are 9am - 11pm daily. Non Resident fees will be enforced beginning May 25, 2013. For general beach information please contact the beach office at 847-810-3665.

A day at the beach is one of the best ways to enjoy the summer. We would like to take this opportunity to remind you of some of our general rules.

- We encourage our patrons to ride their bicycles or rollerblade to the beach but we require that you park your bicycle in the racks provided at the top of the bluff and that you remove your rollerblades (skates) before you descend the steps to the beach. **Bicycles, rollerblades (skates) and skateboards are not permitted on the lower level of Forest Park Beach.**
- Please do not walk, run, bicycle, rollerblade (skate), skateboard or push a stroller down the driveway entrances to the beach.
- Please do not climb on the rocks.
- Pets are not allowed at the beach.
- Please be aware that children 10 years and under must be accompanied by an adult in and out of the water.
- Alcohol is prohibited at the Forest Park Facility.
- Personal grills are not allowed.
- Smoking is not allowed at the facility.

A more extensive list of rules is available in the Guard Office.

Forest Park Beach Special Events 2013

North Shore Cup - Friday, July 26

This summer marks the 14th annual North Shore Cup on the beautiful shores of Lake Forest! Junior Sailors from around the midwest will compete on Friday July 26th in Prams, Optimists, 420's, and Laser Radials. This is a great entry level event and is open to all sailors from the ages 8-18. To learn more about the North Shore Cup and how you can help please contact Hunter Ratliff the regatta chair. For more information visit www.cityoflakeforest.com under Parks and Recreation, Sailing Programs.



Starlight Theater - August 3

What could be more enjoyable than a day at the beach? How about a night under the stars watching a family friendly movie? Join the Parks and Recreation Department for a night of entertainment at Forest Park Beach. Come out early and enjoy the wonderful selection of food and drink from Raging Waters. Movie begins at approximately 8:45pm. You won't want to miss this family event.

Family Camp-out - August 7

Bring the family down to Forest Park Beach and camp out for a night. Pitch your tent and get ready for an evening of family fun! Be entertained by a reptile show put on by the Wildlife Discovery Center, check out the stars and moon with the powerful telescopes provided by local Astronomers, metal detecting, watch a movie in the pavillion, and enjoy the campfire! We will supply pizza with refreshments for dinner, and all the makings for s'mores. Bagels, donuts, juice and coffee for breakfast. This is the ONLY night of the year camping is allowed on LF Beach so don't miss out for this unique family bonding experience! For more information contact Rob Carmichael, Program Manager at carmichr@cityoflakeforest.com.

We also offer a variety of fitness classes and programs at the beach. See our website www.LFRec.com or pick up one of our Summer brochures.

The Lake Forest Yacht Club

The Lake Forest Yacht Club is for sailors who launch in Lake Forest. The club hosts several sailing and social events throughout the year. For further information contact Lake Forest Yacht Club at www.LFYC.net.

Pavilion Information

The South Pavilion, Boat Pavilion, Forest Park Bluff and Fire Circle are available for party rentals except on holidays and holiday weekends.

Lake Forest residents may rent these facilities for a 4-hour time frame at a \$75 rental fee with a \$150 refundable litter deposit. Reservations may not be taken over the phone. The North Pavilion is for drop-in use only and is not available for rental. For further information regarding pavilion rentals, please call Ken Pierini, Lakefront Manager, at 847-810-3943.



The Fire Circle, which is located on the lower level of Forest Park north of the Sailboat Compound, can be rented in the same manner as the South and Boat Pavilions. It is reminiscent of the original Jens Jensen Council Ring familiar in and popular with the North Shore communities. It is the perfect setting for fireside discussions and stories. The Fire Circle is a stand alone rental and it requires a burn permit obtained from the Lake Forest Fire Department.

Forest Park Bluff is the grass parkland located on the upper level of the Beach Facilities at Deerpath and Lake Roads. The southern portion of the park can be rented for parties under the same guidelines of the pavilion rentals with parking access in the Upper South Lot.

Boat Launch

Access for power boat launch is located at the boat basin. Boats up to 30 ft. in length can be accommodated. The ramp is attended Monday-Friday from 8:00 a.m. - 4:00 p.m. and on weekends and holidays from 8:00 a.m. - 7:00 p.m. The 2013 seasonal fee is \$424 and the daily rate is \$38 for City of Lake Forest residents. We now offer a \$60 non-resident daily launch pass, which excludes weekends and holidays. For additional information please contact, Brian Pannier, Program Assistant, at 847-810-3664.

Permit Applications

All boat permits are purchased through the Lake Forest Recreation Center, 400 Hastings Road. The application process begins in March and the permit year begins on April 1. If you have purchased a permit in the past year, you will be sent a renewal application in the mail. New applicants must contact the Lake Forest Recreation Department for the appropriate application forms. For complete rules and regulations for permitting, please contact Brian Pannier at 847-810-3664.

Boat Storage

Sailboat storage is available in both the boat compound and the sailboat racks located adjacent to the boat basin. Sailboat rack storage is ideal for small dinghies such as Kayaks, Sunfish, Lasers, and small Catamarans. The boat compound is reserved for keelboats up to 26' in length. Please contact Hunter Ratliff at 847-615-4592 for storage availability. See fees below:

2013 Fees	Resident	Resident Senior	Non-Resident
Watercraft Ramp Launch Permit	\$424	\$318	\$2,692
Additional Vehicle	\$123	\$98	\$1,511
Additional Watercraft	\$212	\$159	\$1,346
Year-Round Watercraft Compound Storage	\$1,882	\$1,235	\$5,666
Seasonal Watercraft Compound Storage (Apr. 1 - Dec. 1)	\$1,273	\$865	\$4,814
Year Round Beach Rack Storage	\$503	\$406	N/A
Sailboat Beach Rack Storage (Apr. 1 - Dec. 1)	\$410	\$313	\$2,417
North Beach Parking Permit	City Sticker	City Sticker	\$910
South Beach Parking Permit	\$123	\$92	\$1,511
Daily Launch Fee	\$38	\$38	\$60 excludes weekends and holidays



FOREST PARK BEACH

Forest Park Beach is known to many as the crown jewel of Lake Forest. It is undeniably one of the most beautiful beaches on the North Shore. Visitors to this 29+ acre park can enjoy the large beach and grass areas, swimming and other water activities. Open year round, park amenities include sheltered pavilions, a fishing pier, boat launching ramp and storage area, walking paths and a concession stand open during the summer months. Sailing classes and camps, sailboat and kayak rentals, volleyball nets, and grills are just some of the amenities available through the Lake Forest Parks and Recreation Department.

Forest Park Beach is a great place to spend your summer. Pack your lunch, bring a chair and prepare to spend fun-filled, sun drenched days at the beach. We look forward to seeing you there... oh, don't forget the sunscreen! Lifeguards are on duty daily from 10:00a.m. - 7:00p.m., Memorial Day Weekend and then beginning Saturday, June 8 - Sunday August 11th. After August 11th the lifeguards will be on duty weekends only until Labor Day.

Our staff is committed to providing a safe, clean, fun and exciting place for all residents of Lake Forest. Enjoy the summer. We hope to see you at the beach!

Special Dates to Remember

May 25, 26, 27	Memorial Day Weekend- Non-Resident Fees Enforced
June 8	Lifeguards begin
July 4	Fourth of July Festival and Fireworks at Deerpath Park
July 26	North Shore Cup
August 3	Starlight Theater - Free Family Event
August 7	Lake Forest Day
Aug. 31, Sep. 3, 4	Labor Day Weekend
September 7- 8	Family Campout

WATERCRAFT USAGE PROGRAM:

Don't have a way to get on the water this summer? Come use our sailboats, kayaks, and boards! For just a small fee, you can get on the water with your favorite watercraft, single and double kayaks, 420 sailboats, windsurfers, and now introducing paddleboards! All equipment is usable on a first come first serve basis. It is located at cell 4 next to the Boat Pavilion. Use by the hour or for the full day. Just show up at the beach and let our staff set you up!!! Hours 10am-5pm Mon-Sun. Contact Hunter Ratliff for more information at 847-810-3664.

Watercraft	Hour	Full Day
Kayak	\$20/hour	\$65/day
Double Kayak	\$25/hour	\$75/day
Windsurfer	\$35/hour	\$75/day
Paddle Board	\$35/hour	\$75/day
Sailboat	\$40/hour	\$140/day



What's New at the Beach



- **New menu with ribs, chicken, shrimp & corn on the cob**
- **Picnic boxes**
- **Box lunches**
- **Grill boxes**

Raging Waves cooks up dynamic fare at the beach this summer, with more enticing food offerings than ever before. Signature BBQ Chicago style ribs, roasted chicken, grilled shrimp, and corn on the cob are only a few stand out dishes. Fresh, locally procured ingredients and seasonal fruits and vegetables are prominent in health conscience smoothies and crisp garden salads, while traditional boardwalk favorites like burgers and hot dogs, still shine.

If the day calls for a picnic on the beach, Raging Waves makes it easy and convenient. Picnic boxes may be pre-ordered via email at chef@ruprechtcompany.com for a quick lunch or dinner pick up.

Those who prefer grilling their own can create a chef master box, which combines your choice of ready to cook handpicked butcher block steaks, seafood and sides. We can also bring the party to you with a catered meal. A quick bite on the beach to a sunny picnic to an evening barbeque, with Raging Waves, summer never tasted so good!

For more information, contact humphreys@ragingkitchen.com

Daily Boat Launch permits are available for purchase at the Boat Basin!

NEW
Daily Non-resident boat launch now available for \$60, excluding weekends & holidays.

FREQUENTLY ASKED QUESTIONS

Is there a charge to use the beach?

On weekends and holidays only, beginning May 25, 2013 through September 2, 2013 (Labor Day), a fee of \$10 per person per day will be charged to non-resident patrons and residents *without proof* of Lake Forest residency. Non-residents of any age, planning to spend a holiday or weekend day at the beach will be charged a daily usage fee of \$10 per person. No refunds will be issued due to inclement weather. Non-resident drop-off and access to the beach facility will be at the northern most entrance of the wooden walk ramp which is located just south of the upper circle drive and Spring Lane.

What can be used to show proof of residency?

Residents that drive to the beach and their guests will be allowed to enter at no charge if a valid Lake Forest vehicle sticker is affixed to the lower right hand corner of the vehicle. Residents that walk or ride bicycles will have to present an appropriate ID. These include driver's license, state ID, student ID, Lake Forest water bill, or a Forest Park Beach ID. A free Forest Park Beach ID can be obtained at the Lake Forest Recreation Center, 400 Hastings Rd, between the hours of 8:30 AM– 4:30 PM, Monday– Friday.

Will residents be charged a fee if they do not have an ID with them?

Yes, residents without proof of Lake Forest residency will be charged the \$10 daily fee.

Where should a resident enter the beach facility on weekends and holidays?

Resident IDs will be checked at all five entrances to the beach facility (see map).

Where does a non-resident enter the beach?

Non-residents will enter at the northern most entrance of the wooden walk ramp located south of the circle drive on the top of the bluff (see map). A drop-off area is located in the upper south parking lot. Fees will be paid on the lower (beach) level of the facility.

What type of payment will be accepted at the facility?

Only cash and Forest Park Beach coupons will be accepted at the beach. Forest Park Beach coupons are available for purchase at the Lake Forest Recreation Center (400 East Hastings Road), Monday-Saturday, excluding holidays, from 8:30AM - 4:30 PM

What if a paying guest would like to leave the facility and return the same day?

A daily wristband will be issued to any paying guest who wishes to leave the facility and return on the same day from the cashier located at the end of the wooden walk ramp entrance.

If I rent a pavilion, will my non-resident guests have to pay an entrance fee?

No, your guests' fees are included in your rental as long as they enter the facility with a pavilion parking permit affixed to their windshield. (Pavilions can be rented by Lake Forest residents only.)

What about parking?

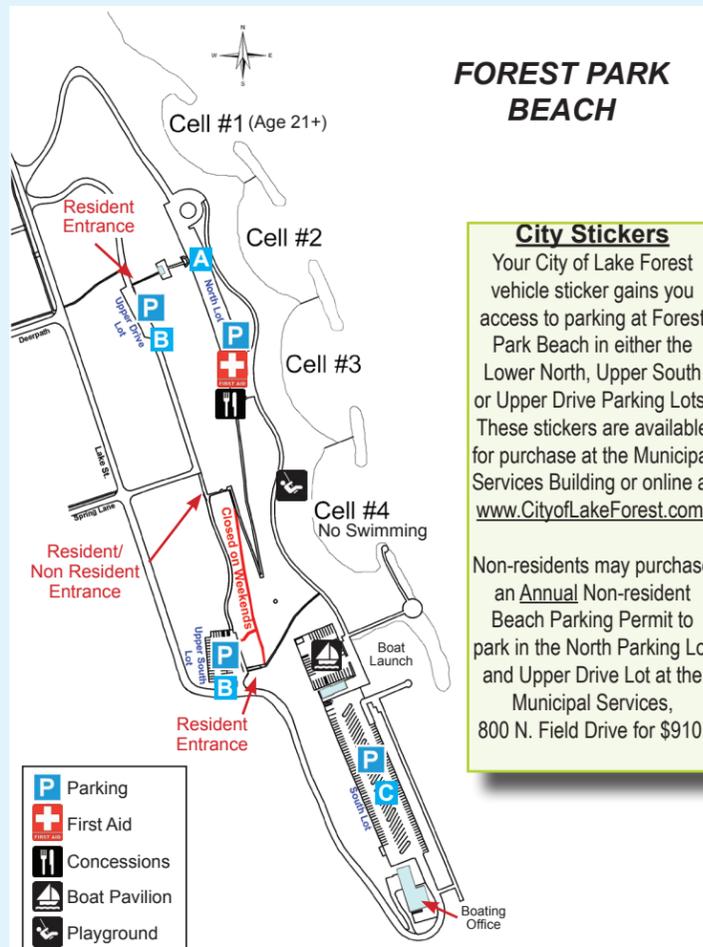
Residents with a valid Lake Forest vehicle sticker can park at Forest Park Beach on a first-come, first-serve basis. Non-residents may park near the Lake Forest Train Station at Deerpath and McKinley Roads for a daily fee or with a parking permit. Anyone parking on streets east of Sheridan Road will be issued a \$125 parking ticket.

What about parking for a non-resident with handicap hangtag or license plates?

If a disabled non-resident is a driver of a vehicle displaying a valid handicap hangtag or license, he/she must first drop off all passengers at the non-resident entrance where they will pay a \$10 entrance fee. The driver will then proceed to the lower north beach lot to park and pay the \$10 fee.



A disabled non-resident passenger may be dropped off at the lower north beach parking lot, and pay the \$10 fee. The vehicle must then be parked in accordance with parking regulations (see above).



FOREST PARK BEACH

City Stickers

Your City of Lake Forest vehicle sticker gains you access to parking at Forest Park Beach in either the Lower North, Upper South or Upper Drive Parking Lots. These stickers are available for purchase at the Municipal Services Building or online at www.CityofLakeForest.com.

Non-residents may purchase an Annual Non-resident Beach Parking Permit to park in the North Parking Lot and Upper Drive Lot at the Municipal Services, 800 N. Field Drive for \$910.

Beach Areas (Cells) and Allowed Uses

Forest Park Beach has four distinct beach areas:

Cell 1: The north half is used for launching small crafts such as kayaks, wind surf boards, rowboats, canoes and sunfishes. No trailers are allowed to park in the north beach parking area or in the bluff parking areas. These watercrafts must be brought to the beach on top of the vehicle. No watercraft powered by an engine are allowed in Cell 1. The south half is for swimming only dedicated to patrons 21 years and older. This cell is a "swim at your own risk" area. No children under age of 18 years old permitted.

Cell 2 & 3: For swimming only. Rafts that require oars and/or rafts that hold more than 2 people are not allowed. Lifeguards will be on duty beginning June 8, 2013. The official "beach season" will then continue until Monday, September 2, 2013. Beachguards will be on duty for Memorial Day Weekend May 25 - 27 and then from Saturday, June 8, 2013 - Monday, September 2, 2013. Lifeguard hours are 10am-7pm daily and Beachguard hours are 9am - 11pm daily.

Cell 4: Used for boats only. NO SWIMMING OR WADING is allowed. Small crafts such as kayaks, wind surf boards, rowboats, canoes, Optis, Sunfish, and Waverunners are allowed. Watercraft with outboard engines are prohibited in this cell.

Parking Lots

North Lot: A For cars with City of Lake Forest Sticker, or a North Beach Parking Permit.

Upper South and Upper Drive Lot: B For cars with a City of Lake Forest Sticker, or a North Beach Parking Permit, or a Daily Parking Pass.

Lower South Lot: C For cars and vehicles with trailers that display a Boat Launch Parking or South Beach Parking permit only.

Beach Operation Hours

Beginning May 25, 2013

Beach Guards are on duty 9 AM - 11PM Sunday - Saturday

Beginning June 8, 2013

Lifeguards are on duty daily 10 AM - 7 PM Sunday - Saturday

For general beach information please contact the beach office at 847-810-3665.

Emergency Procedures

Inclement weather can close the beach at anytime. The water and sand will be cleared for 30 minutes after thunder or lightning has been identified and will continue to be closed until 30 minutes past the last indication of thunder. Should a dense fog roll in, the Beach Supervisor/Manager will determine if the low level of visibility becomes a hazard for the swimmers to be seen by the Lifeguards. If that determination is made, the water will be cleared until the fog lifts.

When severe weather threatens, please:

Thunder or Lightning: At the sound of thunder or Thorguard System (one long blast) or the sighting of lightning, please leave the water, sand and playground areas. Take cover under one of the pavilions. The water, sand and playground areas will reopen when the skies have been clear of thunder and lightning for a continuous period of 30 minutes or the all clear signal (3 short blasts) from the Thorguard System.

Thunderstorm Warning: A severe thunderstorm warning means that a severe thunderstorm has been detected by radar or a trained spotter. Please take cover under a pavilion or in a pavilion bathroom.

Water Spout: A water spout is a unique weather phenomenon that occurs over a body of water. It is a tornado or whirlwind over a lake or ocean that appears as a whirling funnel-shaped column of spray and mist. A water spout indicates harsh weather is approaching. Take cover in a pavilion bathroom.

Tornado Watch: A tornado watch means that conditions are favorable for tornadoes to develop. The staff will be monitoring the weather situation, but we encourage our patrons to keep an "eye on the sky" and be prepared to take cover at short notice.

Tornado Warning: A tornado warning means that a tornado has been sighted. If a warning has been issued, take cover immediately in one of the bathrooms located in the pavilions at Forest Park Beach. If you cannot get to shelter, lie flat on your stomach, at the tree line base of the bluff, with your hands protecting your head.

First Aid

If you find yourself in need of first aid, please notify a lifeguard or come to the guard office, located in the building at the North Pavilion. Look for the FIRST AID sign on our door.

Lost Parent / Child

If you are lost or separated from the people you came to the beach with, please ask any lifeguard or beach guard to help you. You can find guards in their lifeguard chair, stationed at the drive entrances to the beach or at the Guard Office/ First Aid Station, located at the North Pavilion. We will ask for a detailed description of the person/ people such as age, size, clothing and last place seen. If you are bringing children of any age with you, please discuss the above mentioned guidelines with them and point out the lifeguards should they need help.

Concession Stand

Our concession stand is operated by an independant contractor. Offering refreshments during hours of operation, from 10:00 AM-5:00 PM on Monday-Saturday and 11:00 AM-5:00 PM Sundays during our summer beach season, weather and patron participation permitting. During the week they offer a variety of beverages, chips, ice cream, candy and other snacks. Also featuring our new expanded menu, see article on front page.

Lake Forest Library Book Cart

The Lake Forest Library offers a book lending cart at Forest Park Beach. It is located under the North Pavilion and is open to the public Sunday- Saturday 10:00 AM- 7:00 PM during our summer season. It is offered free of charge with a self serve array of book choices.



Beach Hotline: 847-234-6702, Press 8

Beach Office: 847-810-3665
Sailing Office: 847-615-4592

What is Swimcast?

SWIMCAST is able to predict, in real-time, the probable E. coli concentration. SWIMCAST was created by correlating environmental factors that affect E. coli (and pathogens) growth, survival and delivery to the beach water. Some of these factors include: recent rainfall amount, wave height, wind direction and speed, amount of sunlight energy, etc. SWIMCAST is specific to the Forest Park Beach and allows the Beach Staff and Lake County Health Department to monitor these factors every minute with official readings being taken at 9:00 AM and 1:00 PM daily.

What Does a Red Flag Mean?

When you come to the beach and the Red Flag is posted it means the water is closed for swimming. You can still have your day at the beach but you must stay completely out of the water.

There are several reasons why Forest Park Beach posts a Red Flag:

- High levels of bacteria will close the beach to swimmers. The Lake County Health Department tests our beach daily. The water will be closed until a clean test result is returned.
- A measurement of 2 inches of rain will also close the water for swimming. Run-off debris from the ravines and streets are deposited into the water possibly causing unsafe conditions. Closing the beach to swimming is a health precaution.
- Strong Undertow: When the winds shift and the wave swells become strong, the undertow can become dangerous. In these instances, the Beach Assistant Managers will assess the strength of the undertow and make a determination to close.

New non-resident daily boat lunch available.
\$60 - excludes weekends and holidays.

