

# GRIEF RESOURCES

During this difficult time, you and your family may need additional support.  
Some resources include:

## **Center for Loss and Life Transition**

<https://www.centerforloss.com/>

## **Compassionate Friends**

<https://www.compassionatefriends.org/>

## **Crisis Grief & Healing**

<https://webhealing.com/>

## **Grief Forums**

<https://forums.grieving.com/>

## **GriefNet**

<http://www.griefnet.org/>

## **GriefShare**

<https://www.griefshare.org/>

## **Hope and Healing Grief Support Group**

This group typically meets on the 3rd Tuesday of every month from 7:00pm until 8:15pm in the Community Room of St. Patrick's Church located at 991 S. Waukegan Road, Lake Forest, IL. There is no cost to participate and monthly attendance is not mandatory.

<https://www.stpatrick-lakeforest.org/hope-healing>

## **Family Service of South Lake County**

Individual and Family Counseling - A sliding-fee scale is available.

777 Central Ave # 17

Highland Park, IL 60035

(847) 432-4981

<https://www.famservice.org/counseling>

