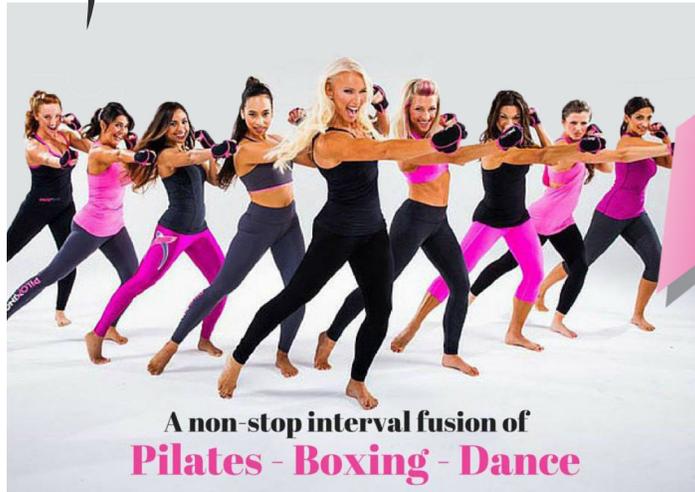


PILOXING® IN PINK



SUNDAY, OCTOBER 20 • 10:30 AM

**LAKE FOREST FITNESS CENTER
400 HASTING RD • LAKE FOREST, IL**

Pull out your best pink athletic wear and join Danielle Knighton and Kim Lyszczarczyk for the Lake Forest Fitness Center's first ever Piloxing® in Pink! Piloxing® is an amazing workout that combines boxing, pilates, and dance. Come feel sleek, sexy and powerful with us as we raise money and awareness for cancer care!

- Event open to all!
- Suggested CASH donation of \$20 taken at the event supporting Bears Care!
- First 20 attendees will receive a swag bag of goodies & raffle ticket for special prizes!
- Event is free, drop-ins are welcome, but registration is appreciated. Use code 10780104-01 at LFParksandRec.com



LAKE FOREST



400 HASTINGS RD, LAKE FOREST, IL 60045 • 847.810.3932